

History and Review of Systems

Please complete to the best of your ability prior to your new patient appointment.

08/2006

| <b>Reason for Referral:</b>  |            |           |                  |
|--|------------|-----------|------------------|
| <b>Renal History:</b>  | <b>Yes</b> | <b>No</b> | <b>Comments:</b> |
| 1) Any kidney x-rays such as ultrasound, IVP or Cat Scan?<br>• When?<br>• Where?   |            |           |                  |
| 2) Prior 24-hour urine?  |            |           |                  |
| 3) History of blood in urine?  |            |           |                  |
| 4) History of protein in urine?  |            |           |                  |
| 5) Use any pain pills?<br>• List type and amount.  |            |           |                  |
| 6) Do you check your blood pressure at home?<br>• Type of cuff?<br>• Results?<br>• Last time the cuff was checked for accuracy?              |            |           |                  |
| 7) History of urinary tract infection, bladder infection or kidney infection?  |            |           |                  |
| 8) History of kidney stones?   |            |           |                  |
| 9) Do you get up at night to urinate? How many times?  |            |           |                  |
| 10) Do you lose your urine (incontinence)?   |            |           |                  |
| 11) Any burning, pain or discomfort urinating?   |            |           |                  |
| 12) Any flank pain?  |            |           |                  |
| 13) Trouble with leg swelling?   |            |           |                  |
| 14) Any kidney or bladder surgery?   |            |           |                  |
| <b>Relevant Current History:</b>   | <b>Yes</b> | <b>No</b> | <b>Comments</b>  |
| 1) High blood pressure?<br>• How many years?<br>• Last change in medications?<br>• What are your blood pressure readings?                    |            |           |                  |
| 2) Diabetes?<br>• Eye damage? (laser treatment)<br>• Nerve damage (numbness, decreased feeling in feet)?<br>• Kidney damage?<br>• Impotence? |            |           |                  |

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| <b><u>Review of Symptoms:</u></b>           | <b><u>Yes</u></b> | <b><u>No</u></b> | <b><u>Comments</u></b> |
|---|-------------------|------------------|------------------------|
| <b><u>Constitutional</u></b>                |                   |                  |                        |
| • Weight change?                            |                   |                  |                        |
| • Fevers?                                   |                   |                  |                        |
| • Chills?                                   |                   |                  |                        |
| • Sweats?                                   |                   |                  |                        |
| <b><u>Eyes</u></b>                          |                   |                  |                        |
| • Last eye exam?                            |                   |                  |                        |
| • Any damage from diabetes?                 |                   |                  |                        |
| • Any damage from high blood pressure?      |                   |                  |                        |
| <b><u>Ears, Nose and Throat</u></b>         |                   |                  |                        |
| • Dentures?                                 |                   |                  |                        |
| • Hearing difficulty?                       |                   |                  |                        |
| <b><u>Pulmonary</u></b>                     |                   |                  |                        |
| • Cough?                                    |                   |                  |                        |
| • Smoking                                   |                   |                  |                        |
| • History of asthma or COPD?                |                   |                  |                        |
| • Shortness of breath with exertion?        |                   |                  |                        |
| <b><u>Cardiovascular</u></b>                |                   |                  |                        |
| • Chest pain with exertion?                 |                   |                  |                        |
| • Any prior heart surgery?                  |                   |                  |                        |
| • Any prior cardiac catheterization?        |                   |                  |                        |
| • Any prior stress test?                    |                   |                  |                        |
| • Prior echocardiogram?                     |                   |                  |                        |
| • Cardiologist's Name?                      |                   |                  |                        |
| <b><u>Gastrointestinal</u></b>              |                   |                  |                        |
| • History of gastrointestinal bleeding?     |                   |                  |                        |
| • History of recurrent nausea and vomiting? |                   |                  |                        |
| • Prior endoscopy (stomach evaluation)?     |                   |                  |                        |
| • Prior colonoscopy (bowel evaluation)?     |                   |                  |                        |
| • Heart burn or indigestion?                |                   |                  |                        |
| • Ulcer disease?                            |                   |                  |                        |

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|   | <u>Yes</u> | <u>No</u> | <u>Comments</u> |
|---|------------|-----------|-----------------|
| <b><u>Musculoskeletal</u></b>                                     |            |           |                 |
| • Gout?   |            |           |                 |
| • Muscle aches?   |            |           |                 |
| • Joint aches?  |            |           |                 |
| • Pain pills (include over the counter)?                          |            |           |                 |
| <b><u>Vascular</u></b>  |            |           |                 |
| • Prior arteriogram of dye x-ray of abdomen, legs, neck or brain) |            |           |                 |
| • Angioplasty (Balloon opening of blood vessels)?                 |            |           |                 |
| • Stent?  |            |           |                 |
| • Surgical bypass?  |            |           |                 |
| • Aneurysm of aorta?  |            |           |                 |
| • Cramping in legs with walking?                                  |            |           |                 |
| <b><u>Skin</u></b>  |            |           |                 |
| • Rash?   |            |           |                 |
| • Skin cancer?  |            |           |                 |
| <b><u>Neurologic</u></b>  |            |           |                 |
| • TIA or mini-stroke?   |            |           |                 |
| • Stroke; location weakness? Date?                                |            |           |                 |
| • History of seizures?  |            |           |                 |
| • History of nerve damage?  |            |           |                 |
| • Carotid ultrasound?   |            |           |                 |
| • CT scan or MRI of the brain?                                    |            |           |                 |
| <b><u>Endocrine</u></b>   |            |           |                 |
| • History of high or low blood sugar?                             |            |           |                 |
| • Thyroid problems?   |            |           |                 |
| • Cholesterol problems?   |            |           |                 |
| • Pre/post menopausal?  |            |           |                 |
| • Osteoporosis?   |            |           |                 |
| • Vertebral fractures or other fractures?                         |            |           |                 |
| • Bone density study?   |            |           |                 |

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|  |                   |                  |                         |
|--|-------------------|------------------|-------------------------|
| <b>Blood or Cancer Problems</b>          |                   |                  |                         |
| • History of anemia or low blood counts? |                   |                  |                         |
| • History of easy bruising or bleeding?  |                   |                  |                         |
| • Do you take a blood thinner?           |                   |                  |                         |
| • Do you have a history of cancer?       |                   |                  |                         |
|  | <b><u>Yes</u></b> | <b><u>No</u></b> | <b><u>Comments:</u></b> |
| <b><u>Psych</u></b>                      |                   |                  |                         |
| • Depression?                            |                   |                  |                         |
| • Anxiety?                               |                   |                  |                         |

**Allergies?** (Please list below)

**Medications?** (Please list below and bring in to your appointment. Be sure to include over the counter medications, mineral and herbal supplements)

**Past Medical History** (Please list problems and any recent hospitalizations)

**Past Surgical History** (Please list any surgeries and dates)

## History and Review of Systems

| <b><u>Family Medical History</u></b>   | <b><u>Yes</u></b> | <b><u>No</u></b> | <b><u>Comments:</u></b> |
|--|-------------------|------------------|-------------------------|
| • Anyone with kidney stones?   |                   |                  |                         |
| • Anyone with kidney disease, such as protein or blood in urine or kidney failure? |                   |                  |                         |
| • Anyone with high blood pressure?   |                   |                  |                         |
| • Anyone with heart or blood vessel disease?                                       |                   |                  |                         |
| • Other (Please specify):  |                   |                  |                         |

| <b><u>Social History</u></b>                      | <b><u>Yes</u></b> | <b><u>No</u></b> | <b><u>Comments:</u></b> |
|---|-------------------|------------------|-------------------------|
| • Do you work?                                    |                   |                  |                         |
| • Do you use tobacco?                             |                   |                  |                         |
| • Do you use alcohol?                             |                   |                  |                         |
| • Do you use drugs?                               |                   |                  |                         |
| • What is/was the health status of your siblings? |                   |                  |                         |
| • What is/was the health status of your parents?  |                   |                  |                         |
| • What is/was the health status of your children? |                   |                  |                         |