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Nephrology, Inc., the YMCA of Elkhart County and the National Kidney Foundation of Indiana Partner to Offer Free Kidney Healthcare Screening

Mishawaka, Indiana (June 23, 2009) –Nephrology, Inc. and the YMCA of Elkhart County are partnering with the National Kidney Foundation of Indiana to sponsor a free kidney healthcare screening.

The screening is part of the National Kidney Foundation’s Kidney Early Evaluation Program (KEEP). The program is designed to help identify and educate individuals at increased risk for kidney disease.

Participants must be 18 years or older and have one or more of the following: diabetes, high blood pressure, or a family history of kidney disease (parent, brother or sister). Participants can schedule a screening by calling 1-900-382-9971 – space is limited.

During the screening, medical professionals will collect blood and urine samples. Participants will have their weight and blood pressure measured and will complete a screening questionnaire, which includes questions about health status, health history and family health history. A physician or nurse practitioner will be on-site to provide consultations. Educational material about preventing and treating kidney disease, high blood pressure and diabetes will also be available.

The National Kidney Foundation estimates 1 in 8 American adults have kidney disease. The leading causes of kidney disease are diabetes and hypertension – both of which are reaching epidemic levels in the United States.

WHAT: National Kidney Foundation of Indiana KEEP Screening
WHEN: Saturday, July 25, 2009 from 9:00 a.m. to 2:00 p.m.
WHERE: YMCA of Elkhart County
200 East Jackson Boulevard
Elkhart, Indiana 46516
OTHER: Schedule your free screening by calling 1-800-382-9971

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